



"It was more than the water birth

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-TESTIMONIAL-

There will never be enough words of gratitude nor time to really explain what Jenna did for the birth of our youngest son. After two previous hospital deliveries of our eldest children (one with a leg in a cast), we employed the expertise of Jenna to support my third pregnancy journey and the journey of our baby boy into this world.

We discussed the physical, medical, emotional, and spiritual perspectives and approaches from day dot and no stone was left unturned. I felt completely safe as she held space for my worries and fears and celebrated my triumphs of human spirit and baby's milestones.

When it came time to deliver our sweet boy earth side I felt empowered, strong and so connected to him the labour wasn't just calm and tranquil, it was a spiritual awakening that changed me forever.

It was more than the water birth I had always dreamed of - it was something out of this world - sacred, connected, loving & wonderful. **Truly wonderful. I loved it!**

I feel so incredibly grateful and blessed to have had Jenna as my doula through the whole journey and beyond and I know without her this incredible soul and heart moving experience would never have happened.

Her wealth of knowledge, ability to hold space and open mindedness was a real gift and our boy has been blessed to come into this world in such a sacred and special way.

I am forever changed from this experience and I am forever grateful to Jenna for giving this to me and my family.

TALIA | OMOKOROA | 2019